

update

SPRING 2019



### Your Impact on Research

#### Dear Friends,

Thanks to your support of the *Children's Fund*, researchers across the Stanford campus are coming together to solve some of the most difficult challenges facing children and pregnant mothers in our community and around the world.

Donor dollars, and the Maternal and Child Health Research Institute grants you make possible, allow investigators to be creative about solving health challenges, take risks, and accelerate discovery.

In 2018, we awarded \$420,000 to faculty researchers to promote innovative pilot projects. Key themes included Early Prediction of Preeclampsia, Risk and Resiliency in Preschool Children, and Phenotyping of Adolescent Depression. For every \$1 awarded, groundbreaking research projects like these have historically generated \$6 in additional funding—a testament to the power of philanthropy.

You may notice a subtle but important change to the name of the Stanford Child Health Research Institute. We are now the Stanford Maternal and Child Health Research Institute (MCHRI), reflecting our long-standing commitment to maternal health. You have likely seen news stories about how maternal health in the United States ranks shockingly low when compared to our peers around the world. We want to change that. With your help, we can.

In the years ahead, you'll hear more from us at MCHRI as we share stories of Stanford researchers who have benefited from your support and gone on to change the health of mothers and babies in our community and beyond.

Thank you so much for your gifts to the *Children's Fund*—we hope the work we do to improve health for children and families continues to make you proud.

With gratitude,

Mary B. Leonard MD MSCE

Mary B. Leonard, MD, MSCE

Arline and Pete Harman Professor and Chair, Department of Pediatrics Director, Stanford Maternal and Child Health Research Institute Stanford School of Medicine Adalyn Jay Physician-In-Chief,

Lucile Packard Children's Hospital Stanford





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Cover image: Tyler's care teams have worked hard to give him a chance to enjoy a life full of joy and celebration. "I love ceremonies!" Tyler told his mom as they prepared to attend the Ribbon Cutting event for the hospital's new Main building in December 2017.

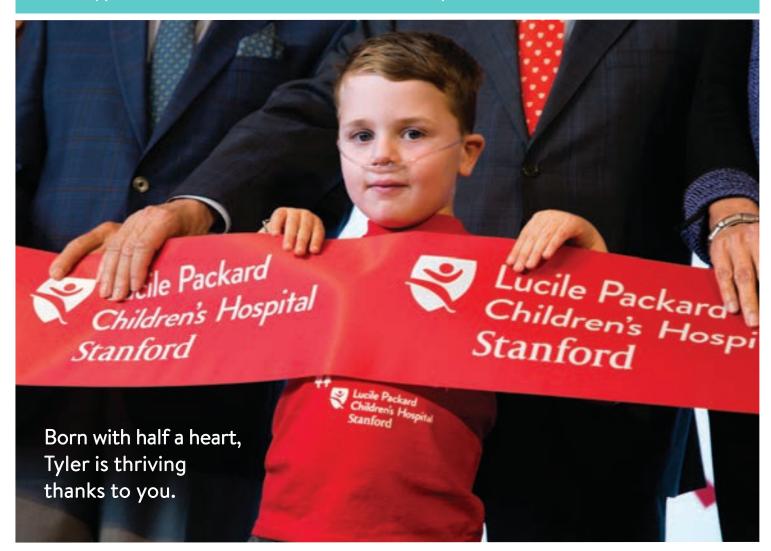




# update

Your support at work at Lucile Packard Children's Hospital Stanford

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### More Inside:

Be a Lifeline for Our Patients

Save the Date for the 9th Annual Summer Scamper!

How You Can Help

# "He Had a Lot Stacked Against Him"

Tyler loves playing with Legos, cheering on the San Jose Sharks, and taking any opportunity to celebrate. And these days, the 7-year-old has a lot to celebrate.

In January, Tyler proudly became a big brother. But without Lucile Packard Children's Hospital Stanford and the donors who support it, Tyler's story would be very different. You see, Tyler was born with what amounted to half a heart.

CONTINUED INSIDE...

supportLPCH.org

# update



# You've Paved the Way for Healthier Futures

We are excited to announce that all donor bricks are installed at the hospital.

Bricks can be found along two public paths on the corner of Welch and Quarry Roads in Palo Alto. You are welcome to visit any time and park in the hospital's garage.

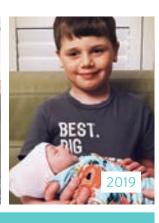
Bricks are organized by size and laid alphabetically by each donor's last name. If inscriptions first appear faded, the bricks may be dusty from their location outside.

Please call **(650) 736-1291** with any questions about your brick.









2011: Tyler celebrates his first Thanksgiving in the hospital.2017: Dr. Wright, Tyler, and Jennie at the new hospital's ribbon cutting.2019: Tyler meets new baby sister Cora.

#### CONTINUED FROM THE FRONT PAGE...

"It's a complete miracle that he's alive," says Gail Wright, MD, Tyler's cardiologist and the *Erin Hoffmann Medical Director for the Comprehensive Single Ventricle Program* at Packard Children's.

Tyler was born with a congenital heart defect called hypoplastic left heart syndrome—the left side of his heart did not form properly in utero. The problem wasn't discovered until after he was born in Santa Cruz, and he was immediately airlifted to our hospital.

"We had all the services he needed," Wright said. "If he had been born farther away, he might not have survived."

During his lifetime, Tyler has undergone three open-heart surgeries, lengthy and frequent hospital stays, and more than 20 procedures total. Even a common cold from his classmates can land him in the hospital. And yet, he has not only survived, but thrived.

Specialists across Packard Children's have worked together with Tyler's family to give him the best quality of life possible. Tyler also has epilepsy, autism, and mild cerebral palsy, meaning he needs a brace to walk. Over the years, through every challenge and every milestone, our hospital and donors like you have been there for him.

"When he was a newborn, we provided Tyler with the intensive care he needed to survive. As a 3-year-old, he benefited from an experimental drug trial. And now we do tight, impactful care coordination so he's able to live at home, go to school—and be excited to have a new baby sister," explains Wright.

## Strength from Family-Centered Care

Ensuring families can be the best advocates for their children is a pillar of the Packard Children's community. Wright works closely with Tyler's mom, Jennie, and his pediatrician back home in Santa Cruz. Jennie's experiences even inspired her to join Wright as part of the National Pediatric Cardiology Quality Improvement Collaborative to speak out on behalf of families like hers nationwide.

"We've tried to teach Tyler to have a really positive attitude," Jennie says. Since he was 4, they have asked Tyler every day what his favorite part of the day was. "Even if we're in the hospital we do this. It's neat to hear what he thinks is the best part of his day. Sometimes it's that a favorite nurse came to visit, or that someone was able to get a lab stick in one poke. It's refreshing to hear from a little guy's perspective what the best things are."

"You'd be hard-pressed to find a more resilient family," says Wright. "It's very gratifying as a cardiologist to see him happy and alive. He had a lot stacked against him."

### Thanks to You

Your gifts to the *Children's Fund* support essential resources like social workers, chaplains, interpreters, child life specialists, and many others who help families through the hardships of hospitalization, enabling them to focus on what matters most.

"Without your generosity and support in creating this spectacular hospital, our family, and so many others, would not have a place to call home,"

Jennie says. "You have given us our son, and we are forever grateful."•

### How You Can Help

Want to make a difference for children like Tyler? Visit **supportLPCH.org** to donate online or learn more about getting involved with Packard Children's.



### Save the Date for the 9th Annual Summer Scamper!

You're invited to the Stanford campus on Sunday, June 23 for the 9th annual Summer Scamper 5k, 10k, and kids' fun run to raise money for the hospital and child and maternal health programs at Stanford University School of Medicine.

Last year's event was an incredible success, raising more than \$550,000.

Visit **SummerScamper.org** for more information.





### Be a Lifeline for Our Patients

Become a Monthly Giving Partner today and give the gift of health and hope year-round. Many of our patients, like Koen (pictured), need long-term or complex care. You can be a lifeline for kids in our care with your ongoing support. You'll also get access to exclusive content and opportunities. Learn more at supportLPCH.org/Monthly.